



Resource Map

In the Fall of 2017, we created a short, electronic survey to determine the type of grief resources people wanted to access or were likely to use. We distributed the survey link within our networks (on social media, in newsletters, at network events) and summarized the results. To our delight, many of the preferred resources had already been created by our network partners, or were in the early stages of development. The CYGN has also worked hard in the last 18 months to develop other helpful tools and resources that may be of interest. If you are looking for a specific resource, see below for where you can find it!

LOOKING FOR...

FIND IT HERE

TIPSHEETS



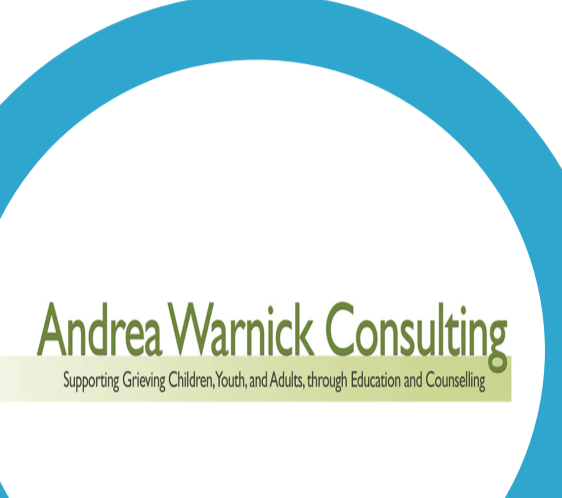
- Attending Funerals
- Supporting Grieving Children at Mother's & Father's Day
- Supporting Grieving Children at the Holidays
- Supporting Grieving Students
- Supporting Grieving Children
- Talking with Young People about Illness & Dying

- Available in 7 Languages:
- The Importance of Self-Care in Helping Your Child/Youth Grieve
 - Parenting When Your Child/Youth is Grieving
 - Tips for Recognizing a Grieving Child/Youth
 - Communicating with your Child/Youth about Grief

- Talking to Kids about Death

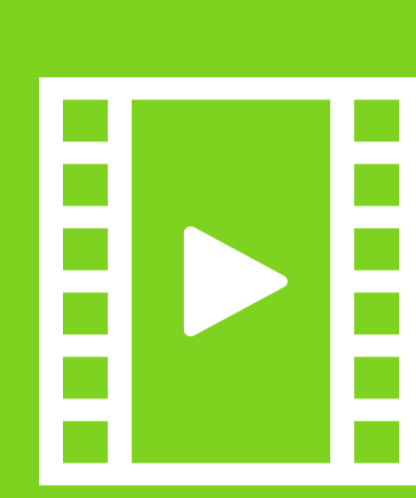
- What to Expect from a Grieving Child
- Supporting a Grieving Teen
- Supporting a Grieving Child or Teen at School
- Helping a Child or Teen who is Grieving a Grandparent Death
- Helping Kids to Understand a Suicide Death
- Helping Kids to Understand Death
- A Community of Caring
- Finding Words of Comfort and Caring

WEBINARS



- Available LIVE and Pre-Recorded:
- Supporting Teens who are Grieving a Death
 - Supporting Children on the Autism Spectrum who are Grieving a Death
 - 5 Strategies for Supporting Children who are Grieving a Death
 - Creative Approaches for Supporting Grieving Children
 - Preparing Children for Funerals and Memorials
 - Preparing Children for the Death of Someone Close to Them
 - Supporting Grieving Students in School
 - Talking with Children about Cancer
 - Talking with Children and Youth about Medical Assistance in Dying

VIDEOS



- Supporting Grieving Students:
- Introduction
 - How to Recognize Children's Grief
 - How to Support Grieving Children
 - What are the 4 C's?
 - What to Say/What Not to Say
 - Additional Resources

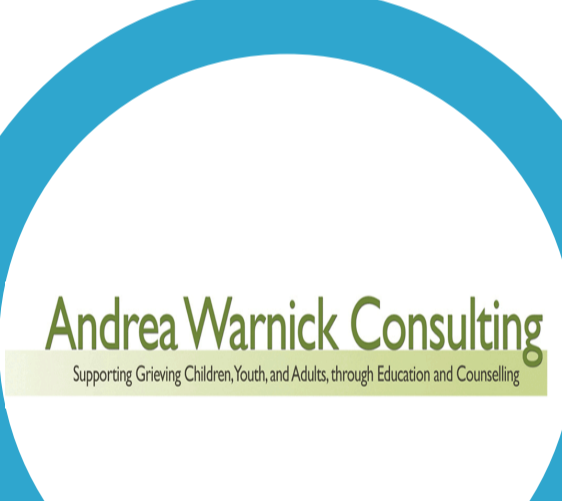
- Kids Share their Experience with Grief
- Maddy's Story
- Isaac's Story

PODCASTS



- Available in SEVEN Languages:
- The Importance of Self-Care in Helping Your Child/Youth Grieve
 - Parenting When Your Child/Youth is Grieving
 - Tips for Recognizing a Grieving Child/Youth
 - Communicating with your Child/Youth about Grief

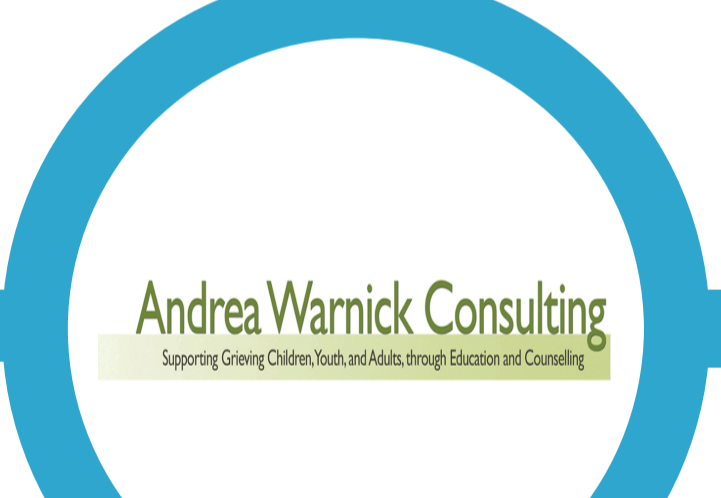
COURSES



- In Person Offerings:
- Certificate Program in Children's Grief & Bereavement
 - Other Monthly Events

- E-Learning Course:
- Weathering the Storm: Parenting Grieving Children

BOOKLISTS



- Books for Ages 3-5
- Books for Ages 6-8
- Books for Ages 9-12
- Books for Teens
- Books for Parents

- Books for Professionals
- Books for Parents & Caregivers
- Books for Adults
- Books for Teens
- Books for Children

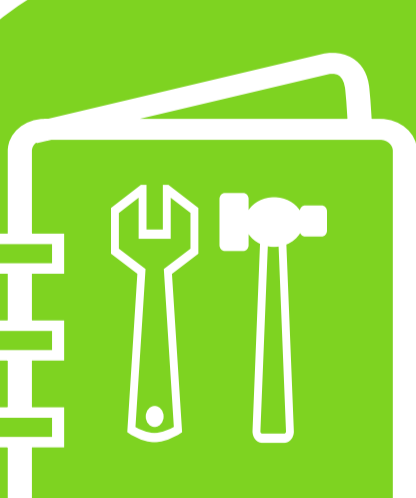
- Books for Children 4-11
- Books for Teens & Young Adults 11+

CONFERENCE



- Children's Grief Awareness Symposium (November of Each Year)

HANDBOOKS & TOOLKITS



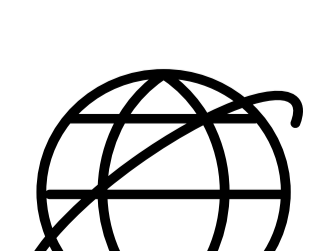
- Handbook for Volunteers: Supporting Children Grieving the Dying & Death of a Loved One (English & French)
- Handbook for Supporters: Extending Compassion & Care to Grieving Youth
- Grief & Death Education Toolkit

OUR OTHER PARTNERS

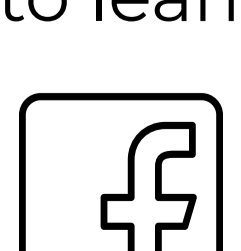


Looking for something different?

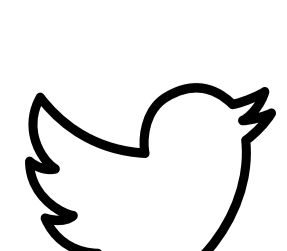
In addition to the resources listed here, all of our network partners offer unique program and services for bereaved children, youth and families (i.e. 1:1 counselling, group counselling, peer support, weekend camps, art therapy programs, and caregiver support). We invite you to take a look at their profiles on our website, find them on our map feature, and contact them to learn more about what they offer. The CYGN is also connected to other wonderful organizations across North America that work to support grieving families, including: Canadian Virtual Hospice, KidsGrief.ca, The Dougy Centre, and The National Alliance for Grieving Children. Check out their websites for more incredible resources. You can also connect with the CYGN to learn more about new and exciting work!



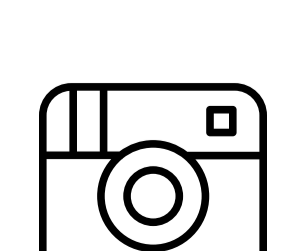
childrenandyoungriefnetwork.com



Children & Youth Grief Network



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