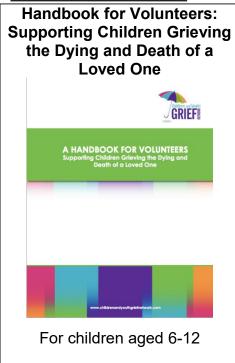


CYGN Resources



Guide des bénévoles: soutien aux enfants en deuil d'un être cher (en fin de vie ou décédé)

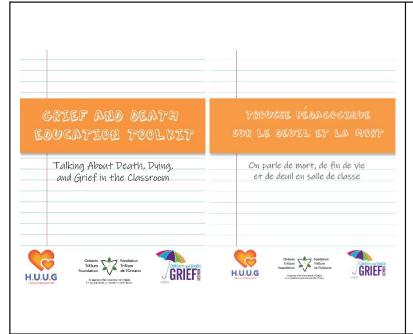


For children aged 6-12

A Handbook for Supporters: Extending Compassion & Care to Grieving Youth



For youth aged 12-18



The Grief and Dead Education Toolkit (Trousse pédagogique sur le deuil et la mort)

The toolkit includes an outline of death education, lesson plans, tip sheets, and resource lists. The lesson plans compliment Ontario curriculum standards for grades 4-10, and outline ways to incorporate lessons about death and grief into classroom discussions. This toolkit can be used to promote a better understanding of children's grief, help students develop the skills to cope with grief, and help educators feel more comfortable addressing grief within the school setting. Available in English and French!

Child's Grief Awareness Family Day Toolkit

A downloadable toolkit, complete with tips, tricks, and templates for launching your own grief awareness events for families.



CYGN Resources



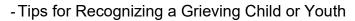
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Support Grieving Children and Youth at School – Videos series with Andrea Warnick When students are facing a serious illness or the dying or death of a family member, school staff are often a key support to the child. Inform school staff on how to best support grieving children and you in the school and classroom.

Introduction	https://www.youtube.com/watch?v=BLNYsJIxSjo
How to Recognizing Children's Grief	https://www.youtube.com/watch?v=eUdRmdXTvGo
How to Support Grieving Children	https://www.youtube.com/watch?v=GOwgOBPievk
What are the 4 C's?	https://www.youtube.com/watch?v=tx1-KntWMi4
What to Say, What Not to Say	https://www.youtube.com/watch?v=zaf6n07brZs
Additional Resources	https://www.youtube.com/watch?v=3hlwAYA24d0

Family Education Centre – familyedcentre.org Tipsheets and Podcasts

Available in English, French, Arabic, Mandarin, Punjabi, Spanish, and Urdu!





- Parenting When Your Child or Youth is Grieving
- The Importance of Self-Care In Helping Your Child or Youth Grieve

E-Leaning Course

Free e-learning program *Weathering the Storm: Parenting Grieving Children* offers assistance to caregivers parenting grieving children.

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Coping with Grief Toolkit The Help Us Understand Grief (H.U.U.G.) Program at Heart House Hospice has assembled toolkits for grieving students. These grief toolkits are available for schools in the Peel and Halton region. Toolkits include supplies (ex. tissues, playdoh, resource list, journal and pen) for students who are anticipating, or experienced, a death. To request a toolkit please contact cing@hearthousehospice.com





CYGN Resources



Youth Share their Experience with Grief – Videos

Youth share their experiences of living with a loved one who is ill, becoming a young carer, and coping with grief.

They give advice for those in similar situations.

https://www.youtube.com/playlist

list=PLRERYQJ9_UOn1aDMArf pF2vwpbRH2H6UI







Informing a Child of a Death

Informing a Child of a Death

Postcard-sized tip sheet includes information on how to tell a child about a death and support each other while moving forward.